

Breakfast in the Classroom (K-5, K-8) Menu August/September 2012

All breakfasts are FREE. Full student breakfast includes choice of entrée, 1 fruit choice & choice of 1% or skim white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
8/27	28	29	30	31
Assorted Whole Grain	Turkey Sausage & Egg	Whole Wheat Bagel w/	Egg & Cheese Sandwich	Whole Grain Maple
Muffins	Sandwich on a Whole	Reduced Fat Cream	on a Whole Wheat	French Toast Sticks
Hard Boiled Egg	Wheat English Muffin	Cheese	English Muffin	Tremen rouse stiens
20 288		5.1.5333		
Local Apple	Fresh Orange	Local Pear	Fresh Banana	100% Mixed Berry Juice
9/3	4	5	6	7
	Whole Grain Berry Kix	Turkey Ham, Egg &	Whole Grain Breakfast	Egg & Cheese Sandwich
	Cereal Bowl	Cheese Sandwich on a	Bar	on a Whole Wheat
	Graham Crackers	Whole Wheat Bagel	Yogurt Cup	English Muffin
Labor Day				
	Fresh Orange	Local Pear	Fresh Banana	100% Mixed Berry
	Tresti Orange	Local Feat	TTC3IT Ballalla	Juice
10	11	12	13	14
Assorted Whole Grain	Turkey Sausage & Egg	Whole Grain Cinnamon	Turkey Ham, Egg &	Whole Grain Maple
Muffins	Sandwich on a Whole	Toast Crunch Cereal	Cheese Sandwich on a	French Toast Sticks
Graham Crackers	Wheat English Muffin	Bowl	Whole Wheat Bagel	
	Ü	Yogurt Cup	Ŭ	
Local Apple	Fresh Orongo	Local Pear	Fresh Banana	100% Mixed Dorm
Local Apple	Fresh Orange	Local Pear	Fresh Bahana	100% Mixed Berry
17	18	19	20	Juice 21
Savory Chicken	Whole Grain Breakfast	Turkey Ham, Egg &	Whole Wheat Bagel w/	Egg & Cheese Sandwich
Sausage on a Whole	Bar	Cheese Sandwich on a	Reduced Fat Cream	on a Whole Wheat
Wheat Biscuit	Yogurt Cup	Whole Wheat English	Cheese	Bagel
Wileat Discuit	roguit Cup	Muffin	Cileese	Dagei
		iviuiiiii		
Local Apple	Fresh Ozenza	Local Pear	Fresh Banana	1000/ Missad Barry
Local Apple	Fresh Orange	Local Pear	rresii Banana	100% Mixed Berry Juice
24	25	26	27	28
Whole Grain Cinnamon	Turkey Sausage & Egg	Whole Wheat Bagel w/	Egg & Cheese Sandwich	Whole Grain Maple
Toast Crunch Cereal	Sandwich on a Whole	Reduced Fat Cream	on a Whole Wheat	French Toast Sticks
Bowl	Wheat English Muffin	Cheese	English Muffin	
Graham Crackers				
1	French C	115	For all D	4000/ NA:- LD
Local Apple	Fresh Orange	Local Pear	Fresh Banana	100% Mixed Berry
				Juice